



**COMMISSION IV- “SAFETY AND HEALTH”**  
**GROUP OF EXPERTS - “CONSUMPTION, NUTRITION AND  
HEALTH”**

Proceedings report of 20<sup>th</sup> session.  
Date :04/04/2024  
Place: hybrid meeting  
Dijon, KUDO platform



## SUMMARY SHEET OF THE WORK OF THE SUB-COMMISSIONS AND EXPERT GROUPS

Experts group: « CONSUMPTION, NUTRITION AND HEALTH »

Date: 04/04/2024

Number of participants in the KUDO room: 29 participants.

Number of participants in presence: 21 participants

Total of participants: 38 experts, 7 observers, 2 OIV staffs, 3 guests. 17 countries represented.

### I/ Resolutions

Document	Step	Subject	Follow up (step of the procedure)
SECSAN- CONUSA 23- 729	3	Wine consumption among adolescents	<p>The OIV Secretariat presented the point.</p> <p>The group decided to change the title of the resolution for: adolescent and young adults' education regarding wine consumption.</p> <p>The draft resolution <b>moves to step 5</b>, considering the comments of Member States and changes made during the meeting.</p> <p>The France and OIV Secretariat will provide an updated version.</p>
SECSAN- CONUSA 23- 743	3	Health warning label for alcoholic beverages from grapes and wines	<p>The OIV Secretariat presented the topic.</p> <p>The draft resolution <b>moves to step 5</b>, considering the comments of Member States and changes made during the meeting.</p> <p>The group decided to keep the content following the amendments which will be proposed by the responsible group of experts as regards the OIV standards for labelling, in a different resolution.</p> <p>The group informs DROCON and BOISPI about the decisions requesting their collaboration with the eWG to elaborate the draft document.</p> <p>The eWG, coordinated by France, will provide an updated version.</p>



## II/ Questions from the Strategic Plan

Ref SP	Theme and treatment	Follow up
III A 4, 5	Comparison of International Alcohol Drinking Guidelines _ Update of the expertise document	<p>The OIV secretariat informed the group as regards the advancement of the collective expertise document's publication.</p> <p>The group decided to remove the action from the 2025 working plan following its publication.</p>
III A 4, 5	Biological effects of wine on modulation of oxidative stress	<p>The OIV secretariat informed the group about the advancement of the eWG.</p> <p>The eWG, coordinated by Romania and Italy, was re-established.</p>
III A 4, 5	Wine and longevity in the framework of lifestyle, diet, and cultural practices	<p>An invited speaker did a presentation on healthy diets that include wine.</p> <p>The French delegation presented the report of the eWG.</p> <p>The eWG coordinated by France, was re-established.</p>
III A 4, 5	Wine consumption on autoimmune disease	<p>The OIV secretariat informed the group as regards the advancement of the manuscript's publication.</p> <p>The group decided to remove the action from the 2025 working plan following its publication.</p>
III A 4, 5	Wine consumption and gastrointestinal disease	<p>The Italian delegation did a presentation to initiate the action.</p> <p>An eWG coordinated by Italy, was established.</p>
III A 4, 5	Grape juice compounds and its benefits to human health	<p>The Brazilian delegation did a presentation to initiate the action.</p> <p>An eWG was established, coordinated by Brazil, in collaboration with SCRAISIN.</p>
III A 4, 5	Wine and culture with focusing on the behaviour/health aspects	<p>An invited speaker did a presentation on eating disorder and alcohol abuse.</p> <p>The Brazilian delegation did a presentation on how culture influence alcohol abuse.</p> <p>An eWG was established.</p>
III A 4, 5	OIV Grant partial results <i>Resveratrol in Wine</i>	<p>The OIV Grant presented the final report.</p> <p>The final report was approved by the Grant committee and the research is concluded.</p>



**III/ Request for additional information or opinion (statistics, economy, legal, technical, health)**

<b>Information</b>	<b>Source</b>
Resolution SECSAN-CONUSA 23-743	CONUSA
<b>Request</b>	<b>Recipient</b>
The group informs DROCON about the resolution advancement and scope.	DROCON
<b>Information</b>	<b>Source</b>
Resolution SECSAN-CONUSA 23-743	CONUSA
<b>Request</b>	<b>Recipient</b>
The group informs BOISPI about the resolution advancement and scope.	BOISPI
<b>Information</b>	<b>Source</b>
Grape juice compounds and its benefits to human health	CONUSA
<b>Request</b>	<b>Recipient</b>
The group request the collaboration of SCRAISIN in the eWg.	SCRAISIN

**IV/ Presentations other than point II**

Author	Country	Subject	Follow up
			The Brazilian delegation highlighted the importance of the topic for CONUSA, considering the health aspects.
	Brazil	Sugar content in vitivincultural products.	The Brazilian delegation did not present a project proposal.
			The group is waiting the formal proposal to discuss the inclusion in the working plan.

**V/ Items on the agenda for the next session (without prejudice to subjects which may be added later)**

Author	Country	Subject	Follow up
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## VI/ Other items

Author	Country	Subject	Follow up
		<b>Working Plan</b>	- All the subjects not yet finalized from the 2023 working plan are reconducted for the 2024 working plan.
		Progress and evolution of Working Plan 2023	The group withdraw the action “Comparison of International Alcohol Drinking Guidelines _ Update of the expertise document” from the 2024 working plan.
		Topics in the new Working Plan 2024	The group withdraw the action on “Wine consumption on autoimmune disease” from the 2024 working plan.
			The group starts an action to prepare a systematic review paper on <b>wine consumption and gastrointestinal disease</b> .
			The group starts an action to prepare a review paper on <b>Grape juice compounds and its benefits to human health</b> .

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Data and place of next session

Date 04th April2024

Name and signature of the author of the proposal

Rena KOSTI  
President of group  
[original signed]

Marcos ARAUJO  
Head of Unit « Safety and Health » [original signed]



International Organisation of Vine and Wine

## Group of Experts Consumption, Nutrition And Health

### AGENDA<sup>1</sup> 20<sup>th</sup> Session

**Thursday 04<sup>th</sup> April 2023****9 am-1 pm and 2.30 pm-5.00 pm (Paris time)****Salle 10, Dijon Métropole, 10 avenue du Drapeau, Dijon, France and Video Conference KUDO**

No.	2024 WP	Item	Documents
1.		Adoption of the agenda	CIV-CONUSA 2024-04 OJ
2.		Approval of the proceedings report for the 19 <sup>th</sup> Session of the "Consumption, Nutrition and Health" Expert Group	CIV-CONUSA 2023-03 CR
3.		Update from the OIV Secretariat	
4.		Information submitted to the group by the Commission and/or other Commissions, Sub-commission or expert groups of the OIV	
<b>Resolutions in step 3</b>			
5.	192.3	Wine consumption among adolescents - Comments in step 3	SECSAN-CONUSA 23-729 Et3 2024_EN comments CIV-CONUSA 2024-04 04
6.	226.2	Health warning label for alcoholic beverages from grapes and wines - Comments in step 3	SECSAN-CONUSA 23-743 Et3 2024_EN comments CIV-CONUSA 2024-04 05
<b>BREAK</b>			20 min
<b>Ongoing work</b>			

<sup>1</sup>**Note:** Topics that delegations wish to add in accordance with the 2025 work program, will be discussed under the item "proposals of works".

In that sense, the filled document with the project presentation must be returned to the OIV Secretariat with the working documents on the topic in question at least **15 days** before the date of the OIV meetings, so that the delegates and experts may read these carefully. If the deadline is failed, the subject will not be presented during the meeting.

**Warning:** Taking into account the logistical and technical imperatives linked to the organisation of video-conferences, delegates and experts who plan to provide a document or make a presentation in accordance with the agenda are requested to do so **no later than March 27, 2024**.

Otherwise, it will be technically impossible to share their document or presentation via the video conference system.



7.	226.1	Comparison of International Alcohol Drinking Guidelines – Update of the expertise document – <i>Information of the OIV Secretariat</i>	
8.	196	Biological effects of wine on modulation of oxidative stress – <i>Information from the OIV Secretariat</i>	
9.	159	Wine and longevity in the framework of lifestyle, diet, and cultural practices – <i>Report of the eWG</i> – <i>Invited communication – Prof. Ramon Estruch</i>	CIV-CONUSA 2024-04 08a CIV-CONUSA 2024-04 08b
10.	194	Wine consumption on autoimmune disease – <i>Information from the OIV Secretariat</i>	
11.	194.1	Wine consumption and gastrointestinal disease – <i>Communication from Italy</i>	CIV-CONUSA 2024-04 10
		<b>LUNCH BREAK</b>	90 min
		<b>New actions</b>	
12.	306	Grape juice compounds and its benefits to human health – <i>Communication from Brazil</i>	CIV-CONUSA 2024-04 11
13.	265	Wine and culture with focusing on the behaviour/health aspects – <i>Communication from Brazil – Social norms and alcohol abuse</i> – <i>Invited communication – Dr. Maria Tsiaka</i>	CIV-CONUSA 2024-04 12a CIV-CONUSA 2024-04 12b
		<b>BREAK</b>	20 min
14.		OIV Grant – Final report presentation – <i>Communication of Isabel Pastor</i>	CIV-CONUSA 2024-04 13a CIV-CONUSA 2024-04 13b
15.		<b>Proposals of work</b>	10 min
16.		Follow up to the work program 2024	
17.		Activities for the work program 2025	
18.		Any other business	



## INTRODUCTION

The 20th session of the Consumption, Nutrition and Health Expert Group was held in a hybrid format in Dijon and on the KUDO platform. A total of 50 participants, 38 official delegates and experts representing 17 Member States and 3 Observers attended the meeting.

### **1. Adoption of the agenda**

- 1.1. One modification has been made to the agenda to accommodate the schedule for invited guest.
- 1.2. The group adopted the provisional agenda as the meeting's agenda.

### **2. Approval of the proceedings report for the 19th Session of the “Consumption, Nutrition and Health” Expert Group**

- 2.1. The proceedings report for the 19th session was approved without any reservations.

### **3. Update from the OIV Secretariat**

- 3.1. The OIV Secretariat provided guidelines on Kudo platform utilisation. No other issues were raised.

### **4. Information submitted to the group by the Commission and/or other Commissions, Sub commission or expert groups of the OIV**

- 4.1. The OIV Secretariat informed that there is no information to report to the group.

### **5. Review of Preliminary Draft Resolutions at Step 3 - Wine Consumption Among Adolescents**

- 5.1. The group examined the comments forwarded to the Organisation. The OIV Secretariat presented the comments for the resolution. The resolution received six abstentions, and ten agreements, three with amendments and 7 without amendments, two firm and motivated opposition, from Norway and Sweden, and comments from one observer. The OIV Secretariat made some changes in the text to be in compliance with the OIV codification process.
- 5.2. Member States agreed to change the title and include “young adults”. However, the focus of the resolution remains on adolescents and young adults, on educational programs and responsibility rather than on consumption. The new title became: Adolescent and young adults' education on wine consumption.
- 5.3. The French delegation asked to avoid using “forbidden to drink for minus 18 years old” or equivalents, considering that drinking legal age is not an international consensus between countries and can vary according to national regulation (different ages for drinking and buying alcohol).
- 5.4. Delegations asked to avoid parts that could be interpreted as promoting drinking, principally among adolescents. Sweden questioned CONUSA and OIV addressing this resolution.
- 5.5. President of Commission IV reminded the mandate of the Commission according to the OIV internal rules and the importance of sharing information on this topic. Portugal endorsed the OIV as scientific authority and stretched its importance to care actions on educational activities and responsible drinking.

- 5.6. The Brazilian delegation emphasised the importance of prioritising the educational aspect over the promotion of consumption. They stressed the need to address the risks associated with alcohol consumption by promoting educational programmes and fostering a sense of responsibility, avoiding phrases such as 'if they chose to drink.' The German delegation endorsed this stance.
- 5.7. Conclusion: The group emphasized the importance of educational initiatives and responsibility regarding wine consumption among adolescents and young adults. Avoiding language that could be interpreted as endorsing underage drinking was underscored, and flexibility regarding age restrictions was noted considering international variations in regulations. The group affirmed its commitment to promoting informed decision-making and fostering responsible behaviour through educational programmes. The resolution moves forward to step 5 and an electronic working group, coordinated by France, has been established to improve the text and provide an updated version.

## **6. Review of preliminary draft resolutions at step 3 - Health warning label for alcoholic beverages from grapes and wines**

- 6.1. The group reviewed the comments forwarded to the Organisation. The OIV Secretariat presented the comments for the resolution. The resolution received four abstentions, and eleven agreements, seven with amendments and four without amendments, with four expressing firm and motivated opposition and comments from two observers. The OIV Secretariat made some changes in the text to be in compliance with the OIV codification process.
- 6.2. The Spanish delegation highlighted some errors in translation, not present in the English version.
- 6.3. The group agreed to change the title to “Health-related information for wine and alcohol beverages of vitivinicultural origin”. The French delegation proposed to focus on content, leaving the specificity of how to present information on the label to the concerned group. Italy endorsed the French position.
- 6.4. Considering the opposition or amendments regarding the application of information on labels or OIV Standards for labelling wine and spirituous beverages of vitivinicultural origin, the group opted to concentrate solely on the information itself. They decided to mandate the competent group with applying the information after the adoption of the CONUSA resolution. The resolution will focus only on the content. Following adoption, DROCON and BOISPI will be tasked with applying the information from the OIV standards to labelling.
- 6.5. The Australian delegation highlighted their comment, that the application of this standard should be under the national-level guidelines. United Kingdom, New Zealand and South Africa supported it. The group agreed to include the phrase “The application of this information should be in compliance with the national regulations of each Member State”.
- 6.6. France, Germany, Portugal, and Spain are concerned on the format and content of pictograms. Age, format, and symbols should be universal. New options will be proposed, considering the differences, and explaining that it is a proposition, and not mandatory format.
- 6.7. Conclusion: The consensus was reached to enhance the draft resolution by focusing solely on health-related information and not on the application in the label or OIV Standards for labelling wine and spirituous beverages of vitivinicultural origin. The group agreed not to delve into the structure and application methods but to mandate DROCON and BOISPI to incorporate these standards into the OIV labelling regulations for alcoholic beverages. The concerned groups will be informed of these decisions.

## 7. Comparison of International Alcohol Drinking Guidelines \_ Update of the expertise document

- 7.1. The OIV Secretariat provided an overview of the topic. The final document was presented during the previous Commission meeting, in October 2023. The Commission reached a consensus on its publication.
- 7.2. The second edition incorporates updated information gathered from the consultation made at the beginning of 2023. It also includes details on national rules for labelling wine and alcohol beverages. The document is currently under review by the OIV editorial board and will be published shortly.
- 7.3. Conclusion: The Commission has decided last year to proceed with the publication of the document. The action is removed of the 2024 work plan. No other comments or decision were taken.

## 8. Biological effects of wine on modulation of oxidative stress

- 8.1. The OIV Secretariat informed the group about the request from the electronic working group coordination. The group was put in stand-by, and the presentation was postponed until next year.
- 8.2. Conclusion: The Italian delegation proposed a join coordination with Romania to collaborate on this topic. The electronic working group has been reestablished to prepare an updated document for next year.

## 9. Wine and longevity in the framework of lifestyle, diet, and cultural practices

- 9.1. The French delegation, in collaboration with the OIV Secretariat, presented the report of the electronic working group. The group aimed to conduct a scientific review to understand how lifestyle, diet, and wine influence longevity-life expectancy.
- 9.2. The group also highlighted the Atlantic diet, southern European diet, as healthy diets to be considered.
- 9.3. Conclusion: Despite limited literature on the topic, the group decided to continue the investigation and present a report at the next meeting. Delegations were encouraged to nominate specialized nutritionists and geneticists to contribute to further research on this matter.
- 9.4. In addition to the report from the electronic working group, the group welcomed an invited guest to contribute to the discussion. Professor Ramon Estruch, from the Clinic Hospital of Barcelona, delivered a presentation on "Lifestyle, Diet, and Cultural Practices: Why Context Matters?"
- 9.5. During the presentation, the speaker highlighted the benefits of various diets, such as the Mediterranean, DASH, and MIND diets, on human health. Studies have demonstrated their positive effects, particularly concerning aspects like alcohol consumption, including wine. For instance, moderate wine consumption is considered a part of a healthy diet, which may also include nuts, olive oil, and a low-fat diet, all of which contribute to positive health outcomes due to antioxidant effects.
- 9.6. However, alcoholic beverages, due to their ethanol content, have dual effects. It is recommended always to avoid excessive drinking. Within the context of the Mediterranean diet, moderate wine consumption, particularly with meals, is encouraged. Such moderate consumption has been shown to reduce mortality and the incidence of major chronic diseases.
- 9.7. No further discussions were raised.

## 10. Wine consumption on autoimmune disease

- 10.1. The OIV Secretariat updated the group on the progress of the electronic group's scientific publication. The authors submitted the publication to the journal Oeno One and received minor corrections to address in the paper.
- 10.2. The document was approved for publication during the previous CONUSA meeting in 2023. No further decisions were made. An abstract of the paper will be published on the OIV website to outline its scope.
- 10.3. Note: The paper received final acceptance for publication after the meeting.

## 11. Wine consumption and gastrointestinal disease

- 11.1. The Italian delegation presented the action plan and objectives. The review aims to investigate, through a comprehensive analysis of scientific literature, whether moderate wine consumption could have a positive or negative impact on the incidence and progression of gastrointestinal diseases.
- 11.2. Conclusion: The group agreed to proceed with the review and present a report at the next meeting. An electronic working group, coordinated by Italy, has been established.

## 12. Grape juice compounds and its benefits to human health

- 12.1. The Brazilian delegation outlined the action plan and objectives, which is in collaboration with the Sub-commission on Table Grapes, Raisins, and Unfermented Products (SCRAISIN).
- 12.2. The presentations focused on grape juice processing technologies, grape varieties used, bioactive compounds present in grape juice, health benefits, and analytical methods. Numerous studies have been published on the health effects of grape juice. While the OIV has adopted some analysis methods for grape juice, there are still gaps to be covered. Additionally, data on grape juice for final consumption is inaccurate because it is often declared as grape must, which is used for fermentation.
- 12.3. Conclusion: The group agreed to proceed with the review and prepare a technical document on the health benefits of grape juice compounds to human health. An electronic working group, coordinated by Brazil and in collaboration with SCRAISIN, has been established and will provide a draft document for the next meeting.

## 13. Wine and culture with focus on the behaviour/health aspects

- 13.1. Two presentations were made in this topic. The first, by an invited guest, Dr. Maria Tsiaka, did a presentation on eating disorders and alcohol abuse – drunkorexia/alcoholimia. She presented the spectrum of the topic and the connection with other diseases. Drunkorexia is a term introduced by the media in 2008, referring to intentionally restricting caloric intake to make up for alcohol consumption is a trend among college students. It is more associated with binge drinking and merges both with alcohol use disorder and disordered eating habits.
- 13.2. The second presentation was given by the Brazilian delegation, on the Cultural facets of alcohol drinking. The culture in which individuals find themselves plays a significant role in the potential outcomes of drinking. There are beer cultures, wine cultures and spirits cultures. The researcher published a recent paper on “How covid-19, lockdown and social distancing changed alcohol drinking patterns, crossing perspectives between UK and Spain”.
- 13.3. Conclusion: The group decided to prepare a review in the topic on how culture and society influence the alcohol consumption. An electronic working group, coordinated by Brazil, has been established.

#### **14. OIV Grant – Final report presentation**

- 14.1. The OIV grant holder, Isabel Pastor, presented her final report entitled: "Biological Effect of the Consumption of Wine Enriched with Resveratrol." Her research was conducted at the Hospital de Clínicas, University of Buenos Aires, Argentina. The study aimed to evaluate differences in inflammation status, oxidative stress, DNA damage, and antioxidant defences in 30 volunteers aged between 40 and 80 years before and after consuming wine enriched with resveratrol for 6 months.
- 14.2. Conclusion: The final report was positively evaluated by the OIV grant committee, and no further actions were deemed necessary.

#### **15. Proposals for work**

- 15.1. The Brazilian delegation emphasized the importance of discussing the topic on sugar content in vitivinicultural products by the CONUSA group. The submission of a project proposal to the OIV Secretariat is pending.
- 15.2. No further proposals were raised.

#### **16. Follow-up of the 2023 work plan**

- 16.1. The OIV Secretariat updated the group on topics finalized in 2023. All subjects not yet completed from the 2023 work plan were carried over to the 2024 plan. In 2023, the group completed the actions "Comparison of International Alcohol Drinking Guidelines \_ Update of the expertise document" and "Wine consumption and autoimmune disease." Following approval by the OIV editorial committee, these documents will be published on the OIV website and removed from the work plan.

#### **17. Activities for the Work Program 2024**

- 17.1. The OIV Secretariat informed on the new topics included in the 2024 work plan to the group. Two actions were initiated, the first to prepare a systematic review paper on wine consumption and gastrointestinal disease, building upon the previous action of wine consumption and autoimmune disease. The second action is to prepare a review on grape juice compounds and their benefits to human health, in collaboration with the Sub-Commission on Table Grapes, Raisins, and Unfermented Products.

#### **18. Any other business**

- 18.1. No additional issues were raised. The President thanked the delegates and experts for their participation in the work carried out during this session of the "Consumption, Nutrition and Health" Expert Group and declared the meeting closed.