

The Patriot Press

Issue 8 Boy Scouts of America

September 2021 National Capital Area Council

In this Issue of the Patriot Press

From the District Chairman	2	
From the District Commissioner	3	
Patriot District Events	4	
Cub Scout and Scouts BSA Roundtables	5	
Scouter Interview: Joe Margraf	6	
Patriot District Cub-o-Ree	8	
OA News Items	9	
Update Your Unit Pin	10	
Join Scouting Events	11	
GeoFencing and Electronic Flyers	12	
New Guide to Advancement	13	
Patriot District Training Updates	14	
STEM Corner: Season 7 Fact Sheet	15	
STEM Season 7 Module Overviews	16	
WE'RE BACK: V3 Hike-o-Ree	18	
Featured Hike-o-Ree Hikes	19	
Michael's Woodshop News: Fall 2021	21	
FUNdraiser at Spartan's	22	
FUNdraiser at Chloez Café	23	
B-P Wants and Needs You!	24	
Key District Contacts	24	
BSA Scouter Code of Conduct	25	
Scout Oath and Scout Law	26	



September 2021



From the District Chairman

The National Capital Area Council (NCAC) is now the largest Council in the United States as measured by membership, and our Patriot District is one of the leading districts in NCAC. The real strength of any district is strong units and that is totally true in Patriot District. Our units are great.

The purpose of my article this month is to discuss Patriot District and the path forward for the Patriot District Committee. Patriot District covers Burke, Virginia, and parts of the surrounding towns. It encompasses the school boundaries for Lake Braddock, Robinson, and Woodson high schools. Our District has 54 units and over 2,000 Scouts.

The District Committee is responsible for conducting District-wide events and supporting units. The committee has four major subcommittees, Program, Membership, Finance, and Communications and Marketing. Each subcommittee is responsible for providing specific areas of support to our units and NCAC. The Program subcommittee is the largest. It conducts District-wide events such as the Fall and Spring Camporees, the District Pinewood Derby, Cub Scout Day Camp, and the Scouting for Food campaign. Additionally, it has a Training section that conducts IOLS, BALOO, Cubmaster and Scoutmaster Position-Specific Training, and other types of training. Another important component is Advancement, to include Eagle Boards, the Life-to-Eagle Seminar, and the merit badge program. Other committee areas of responsibility are Scout camp promotion, support for the International Committee on Scouting, and STEM Program coordination.

The Membership subcommittee supports Scout recruitment, which includes Join Scouting Nights, Scouts BSA Open Houses, and Webelos-to-Scout transition programs. It also supports our faith-based programs. The Finance subcommittee is responsible for raising funds to support a wide range of activities across the National Capital Area Council (NCAC). It conducts the annual Friends of Scouting campaign, coordinates the Popcorn Sale program, and runs special events such as our wine tasting evening. This subcommittee also solicits donations for the NCAC Endowment Fund.

The Communications and Marketing subcommittee has grown in size and responsibilities in the last few years. Twenty years ago, its primary responsibility was to publish our monthly newsletter, *The Patriot Press*. The newsletter has morphed into an electronic publication and increased in size to 20 pages or more each month. This subcommittee is also responsible for developing and supporting our District web page. Additionally, the District maintains a presence on Basecamp, Instagram, and Black Pug and coordinates the use of *GeoFencing*.

To continue to provide the leadership needed to effectively address all of its areas of responsibility, the District Committee must reinvent/restructure itself over the next 12-15 months. Patriot District is a strong district, and the committee must be able to continue to function at a high level. The committee must recruit at least a dozen new capable and committed members. The committee currently has about 15 strong active members, but due to its many areas of responsibility most members must fill two or three positions. By adding additional committee members, the time commitment and workload for current members will be reduced and it will be easier to more effectively cover all of our areas of responsibility.

Also, honestly, the committee needs to recruit younger members. Many of our most active members are over 65 years old and several are over 70. That number includes Scouters who are dual-registered as both committee members and commissioners, such as Dave Astle, Lee Cass, and Jae Engelbrecht. The District Committee also needs to recruit women into key positions. Female participation, especially at the troop level, has been a remarkable success in Patriot District. Now the committee needs to expand to include women in key posts to help ensure we consider the best way to support our female troops and to have female role models for pack and troop leaders, and especially our female Scoutes. In short, the Patriot District needs to expand its membership of active Scouters, recruit younger Scouters, and recruit female Scouters. Fellow Scouters, please step up to the plate and help us serve our units even more effectively by joining our District Committee.

Bill Dexter Patriot District Committee Chair

September 2021



From the District Commissioner

I recently stopped by a Join Scouting event hosted by one of our Cub Packs. This Pack is doing everything right for a successful recruiting season. They published a notice in their school/PTA newsletter. They ordered digital "backpack" flyers with a QR code to allow parents to register their new Cubs right from their smartphones. They updated their unit pin and applied for GeoFencing ads linked to their pack Facebook page. They have yard signs posted at their school, and they were at meet-your-teacher day. They'll be at backto-school night, and they will make sure to have their Cubs "invite a friend" to the District's Cub-o-Ree on September 25th. They're reaching out to families that dropped out during the pandemic. And of course, they have a plan to welcome new families at their September Pack meeting.

The Pack's Saturday afternoon outdoor recruiting program included a rain gutter regatta and several other fun activities for current and prospective Cubs. Lots of Pack and Den leaders were there to help run the event and greet prospective Cubs and parents. There was a station to answer questions about Cub Scouting and distribute welcome packets, including the aforementioned QR code. Almost 40 current Cubs also came, as well as several "big kids" from a Scouts BSA Troop who helped run stations and the opening and closing ceremonies. And everybody had a blast! I was especially impressed at the number of prospective families who were having so much fun they stayed for the entire three-hour event.

What has been the outcome of all this recruiting so far? The Pack has already received well over two dozen expressions of interest, either through BSA Invitation Manager or directly, and has accepted several online applications, with more to come. And best of all, *everything* they're doing can be done by any pack in our District! It just takes planning, putting in the work, and taking advantage of available resources. You can do this too!

Some Cub leaders reading this may be saying "wait... GeoFencing? QR codes? Yard signs? Cub-o-Ree? What the heck are you talking about?" If you're saying that you probably didn't attend our August Roundtable, where all of these recruiting aids *and more* were discussed. COME TO OUR MONTHLY ROUNDTABLE the second Thursday of each month – you'll get a lot of information to help deliver the best program for your current and prospective youth members! All of that's a long way of introducing **SEPTEMBER'S ROUNDTABLE**, **ON SEPT. 9**, **7:30 PM** – it will again be remote on Zoom, so there's no excuse that it's too far away or inconvenient to get to.

At Roundtable, we will discuss two critical topics: **Rechartering** and **Youth Mental Health.** The Rechartering process is totally new this year, with different workflows and deadlines from what you may have been used to in the past. Please have your Committee Chair and Recharter Coordinator attend (in addition to the "usual suspect(s)" of course). We'll also be discussing the stresses our youth are facing and signs of mental health issues, as well as the incredible **Youth Mental Health First Aid Program** offered in conjunction with the Fairfax/Falls Church Community Services Board. This is a topic of vital importance to all Scouters and parents. Please come to Roundtable!

Ken Gaul Patriot District Commissioner September 2021

Patriot District Events

Web Calendar: www.ncacbsa.org/patriot

September 2021

- 3-6 Labor Day Weekend Family Camp (Goshen)
- 9 Roundtable (*Remote*)
- 12 OA Chapter Meeting and Welcome Session for Candidates (*Remote*)
- 14 Commissioner Meeting (*Remote*)
- 14-15 Spartans Fundraiser
- 20-23 Chloez Café Fundraiser
- 24-26 OA Lodge Fellowship (Camp Snyder)
- 25-26 Patriot District Cub-O-Ree (Camp Snyder)
- 28 PD Committee Meeting

October 2021

- 1-2 BALOO Training (Camp Snyder)
- 1-3 VA Central Ordeal Induction of New OA Members (Camp Snyder)
- 10 OA Chapter Meeting
- 12 Commissioner Meeting
- 14 Roundtable
- 15-17 Fall Camporee (Camp Snyder)
- 22-24 V3 Hike-o-Ree (Front Royal)
- 23 Cub Scout Expo (Camp Snyder)
- 26 PD Committee Meeting
- 30 Life-to-Eagle Seminar (Tentative)

November 2021

- 6 Scouting for Food Flyer Distribution
- 6-7 IOLS (Camp Snyder)
- 9 Commissioner Meeting
- 11 Roundtable
- 13 Scouting for Food Pickup
- 14 OA Chapter Meeting
- 23 PD Committee Meeting
- 25 Thanksgiving

BALOO	Basic Adult Leader Outdoor Orientation	NYLT	National Youth Leadership Training
BCOLS	Back Country Outdoor Leader Skills	OA	Order of the Arrow
CPST	Cubmaster Position-Specific Training	SPST	Scoutmaster Position-Specific Training
IOLS	Introduction to Outdoor Leader Skills	VAPST	Venture Advisor Position-Specific Training
JSN	Join Scouting Night	VCPST	Varsity Coach Position-Specific Training
NLE	New Leader Essentials	VOA	Venturing Officers Association



September 2021



All Cub Scout Leaders, Come Out and Join us for Fun & Fellowship and to Pick-Up some New Ideas for your Pack and Den Programs!

The Purpose of the Roundtable:

To provide the skill to do – skills, techniques, information, program ideas – and the know-how that makes for successful unit operation.

To provide unit leadership with the will to do - the morale, enthusiasm, inspiration, and vision that periodically renew the desire to serve youth.

Thursday, September 9, 2021

Remote Meeting via Zoom: *Connection instructions will be sent via email.* **Midway:** 7:30 PM (via Zoom) **Roundtable:** 8:00 – 9:00 PM (via Zoom)

Topics: Rechartering, Joint Session with Scouts BSA RT

Word of the month: Friendly Bring a treat to enjoy while we meet!

Cory Okouchi, Cub Scout Roundtable – cweskridge@gmail.com





Patriot District Scouts BSA Roundtable

Not just for Scoutmasters

Thursday, September 9, 2021

Remote Meeting: Connection instructions will be sent via ema.

Social: 7:30 PM (get signed in to Zoom) Midway: 7:45 PM, Roundtable: 8:00 - 9:00 PM



Topics: Joint Session with Cub Scout RT Mental Health and Back-to-School Issues and Concerns Joe Margraf, Scouts BSA Roundtable Commissioner (703) 314-1622, joedenisemargraf@aol.com Asst. Scouts BSA RT Commissioner: Rick Priest



Volume 24

The Patriot Press

September 2021

Issue 8

Scouter Interview: Joe Margraf

Patrick Ring

Joe Margraf currently serves as the Patriot District Scouts BSA Roundtable Commissioner, as a member of the Patriot District's Training Staff and Awards Committee, and as MC of the District Pinewood Derby. During his adult Scouting career, Joe has held numerous positions at the Pack, Troop, Crew and District level: Tiger Leader, Pack 1965 Cubmaster, Troop 1346 Scoutmaster, Cub Scout District Roundtable Commissioner, District Popcorn Kernel, and District Cub Scout Day Camp Director. In addition, he earned the BSA's High Adventure Triple Crown Award by leading treks to Philmont, Sea Base (Bahamas), and Northern Tier (Canada). Joe



is a Brotherhood member of the Order of the Arrow, earned his Woodbadge beads, and has attended the BSA's National Camping School. For his many contributions to Scouting in the National Capital Area Council, he received the Silver Beaver Award in 2018.

Patrick Ring (PR): How and when did you first become involved in Scouting, and then later active with the Patriot District Committee?

Joe Margraf (JM): Although I was a Cub Scout for only one year in New Hampshire, that all changed when my oldest son joined Scouting some 30 years later. It was the Pack 1965 Pinewood Derby that got me hooked on Scouting. A couple of years later, I became involved in the District Committee. I served as Camp Director for the District's Cub Scout Day for four years and was the District Popcorn Kernel for two years.

PR: Please give us an overview of your activities and goals in your position as the Scouts BSA Roundtable Commissioner.

JM: After working with Randy Witter on the Scouts BSA Roundtable for several years, I took over as Commissioner in July 2020. With the help the of Rick Priest, our Assistant Scouts BSA Roundtable Commissioner, we were able to cover a lot during the 2020-2021 Roundtable Scouting year. We discussed such topics as Scoutbook/Internet Advancement, Parent Coaching, Cold Weather Training, Preventing Leader Burnout, Mental Health First Aid, Risk Management, and the importance of Games in Your Troop. All of these Roundtable topics were chosen by our Unit Leaders during our annual planning process, which takes place in June each year.

PR: Describe some specific actions you have taken or plan to take as the Scouts BSA Roundtable Commissioner.

JM: The 2020/2021 Scouting year was a rough year for all of us, especially our Troop Leaders. For the last 18 months, the Patriot District Roundtable had to be shifted to a virtual/remote platform. At first, we were concerned about our attendance, but it seems our unit leaders pivoted well and liked the change as attendance actually went up. But I think we all want to see each other again and be back to an in-person format. That is really how Roundtable works best.

Because of the many challenges with COVID and Scouting, we added a "COVID Corner" to our monthly agenda to help our leaders with all the changes with state, county and Council COVID information and updates.

Scouting resources are a very important part of RT. We always want our leaders to have numerous resources to take away from each meeting. This year we were able to immediately load all our monthly presentations and resources to the chat feature in Zoom and then add them to the District's Basecamp site. Both have been invaluable tools for us and our Troop leaders.

In October, we held a Girl Troop Successes & Challenges Discussion as it was the first anniversary since these new Troops were established. It was one of the most successful and lively Roundtables we had all year. Almost all of District's Girl Troops were represented and the Troop Adult and Youth Leaders led the discussion. The conversation was so engaging that we had to drop our two other topics/presentations for the night.

After the October Roundtable, Rick and I have decided to change the meeting format; we will limit our discussions to two topics (as opposed to the usual 3 three) during the hour-long session. This will allow us to end with an open leader discussion and even add a "parking lot" encore for those who want to stay around longer to discuss individual questions they want to raise.

PR: What do you believe are most pressing issues currently facing Patriot District units, and what can you recommend to the unit leaders to address those issues.

JM: There are three areas that I feel are important to our units and we would like to focus our presentations and discussions in the upcoming scouting year on these: Physical Scout Safety, Scout Mental Health Safety, and increased Youth Leaders' involvement in Roundtable. I believe focusing on these topics will help our unit leaders in the challenging job they have in running their Troops as effectively as they can.

PR: For many years you have served as a very entertaining MC at the District Pinewood Derby. How do you come up with so many interesting characters to entertain the Cub Scouts and their parents each year?

JM: I try to always think like a Cub Scout.

PR: What are some your most memorable and rewarding experiences as a Scouter?

JM: As Day Camp Director, my wife and two sons assisting me in putting on a memorable program for some many Cub Scouts. As Troop 1346 Scoutmaster, being able to coach and mentor over 30 Eagle Scouts to reach this highest Scouting achievement. And as a Dad, watching my two sons attaining the rank of Eagle Scout and being able to camp and travel with them to the three BSA High Adventure Bases: Northern Tier, SeaBase, and Philmont.

PR: Is there anything else you would like to share with fellow Patriot District Scouters?

JM: Always have fun and keep it safe out there. And if you want to have some more fun, join the Scouts BSA Roundtable as an attendee, a presenter, or an Assistant Commissioner – or all three!

Patrick Ring is a Member at Large of the Patriot District Committee

Patriot District Cub-o-Ree

Patriot District will hold its first Cub-O-Ree for Cub Scouts and their families at Camp Snyder on Saturday and Sunday, September 25th and 26th. The event will include an "Adventure Day" program, a "movie under the stars," and a campout for families who choose to camp overnight. The event is also intended to serve as a recruiting event open to prospective Cub Scouts and their families.

The Adventure Day program will be similar to Cub Scout Day Camp. It will feature a range of fun events for the Cub Scouts and their families, including the climbing wall, BB marksmanship, archery, gaga ball, sling shots, stomp rockets, and lawn games. The four-hour program will consist of a morning session from 9:00 AM until 1:00 PM and an afternoon session from 2:00 PM until 6:00 PM. Cub Scouts are invited to attend one of these sessions. The cost for participating in an Adventure Day session is \$12 per Cub Scout. There is no cost for other family members not participating, nor for adults and Staff volunteers not camping overnight. The movie "under the stars" will be held at dusk and is free. Participants are encouraged to bring a blanket and/or a chair for their own comfort.

Patriot District has reserved four campsites for family, den, or pack camping. The sites are rustic but include a shared pavilion, some picnic tables, and a shared fire circle for cooking or an evening campfire. There are permanent bath houses in the camping area with indoor toilets, sinks and showers. Families and units need to bring their own personal gear, tents, cooking equipment and food. The campsites will open at 11:00 AM on Saturday and close at 11:00 AM on Sunday morning. Commissioner volunteers will be available at each campsite to provide assistance. The cost for each Cub Scout participating in "Adventure Day" and camping is \$26, but that cost also includes the price of "Adventure Day." The cost for anyone else camping overnight is \$26 for staff camping overnight.

Registration for the Cub-O-Ree is online at the NCAC web page using Black Pug. The categories for registration and associated costs are stated below:

- Scouts attending Adventure Day morning session only: Cost \$12.
- Scouts attending Adventure Day morning session and camping overnight. Cost \$26.
- Scouts attending Adventure Day afternoon session only. Cost \$12.
- Scouts attending Adventure Day afternoon session and camping overnight. Cost \$26
- Family members six and older and adults camping. Cost \$26.
- Children five years old and under: No cost.
- Staff members who are camping overnight. Cost \$26.

Questions: Please contact Bill Dexter at (703) 978-2632 or wtdexterjr@gmail.com



"The most rewarding things you do in life are often the ones that look like they cannot be done." ~ Arnold Palmer (b. September 10, 1929)

OA News Items

Lodge Fall Fellowship September 24 – 26, Camp Snyder

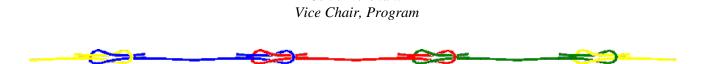
- Weekend to have fun, learn more about the OA, engage in outdoor activities, and give service. Please come out to Fall Fellowship September 24-26 at Camp Snyder!
- Theme: Camping continues (literally)
- Registration is open https://wipit470.org Click on Fall Fellowship
- If you have been an Ordeal member for at least 6 month, you are eligible to complete your Brotherhood at this event.

Virginia Central Ordeal October 1 – 3

Registration is open and notes were sent to all of the remaining Patriot Candidates and current Patriot members. Because of the COVID pandemic, Candidates were given two years after their election to complete their Ordeal; normally, it is only one year. Therefore, **if you have Scouts who were elected in 2020, this is likely one of their last opportunities** to complete their induction process. Those elected in 2021 will remain candidates until Fall 2022.

Please encourage the current OA members, both youth and adults, in your unit to participate on the staff to help their fellow Scouts complete their induction into the OA. We need Elangomats, Ceremonialists (guides), Cook Crew, Health and Safety, Fellowship, and registration/check-in teams. Registration is open at https://scoutingevent.com/082-50524 If a Scout or adult wishes to be an elangomat, have them contact patriotchapter@wipit470.org to get the password for the reduced fee.

During the first two weeks in September, The Chapter Adviser will be sending rosters of current OA members to the Unit Key 3, along with a list of candidates who have not yet completed their Ordeal for the unit.



John Merchant

"Nothing is more essential to the establishment of manners in a State than that all persons employed in places of power and trust must be men of unexceptionable characters."

~ Samuel Adams (b. September 27, 1722)



Issue 8

Update Your Unit Pin

Units Get 30% off Your Next Online Scoutshop Purchase After Updating Your Unit Pin



Units that Update their Unit Pin will receive an email with the Discount Code

- 1. Review and Update (or create) your my.Scouting profile and security questions.
- 2. Set up your BeAScout Unit Pin. One of the Unit Key Three can do this-Committee Chair, Chartered Organization Representative or the Unit Leader. This Pin allows prospective members to find you online and to apply to your Unit.
- 3. Configure Online Registration. This action needs to be done by either the Committee Chair or the Chartered Organization Representative. This action allows you to customize the experience with setting up an automated Welcome email with a personalized message from your Unit-could include upcoming activities plan, dues info, POC for questions.

Don't forget to check Invitation Manager for any inquiries from BeAScout.

This is also where you can download a URL or QR code specific to your Unit that you can use to put on recruiting flyers or event posters to aide in recruiting efforts.

Also, check your Application Manager to review and take action on applications submitted by families. Most families expect a response within 24 hours of submitting an application.

Join Scouting Events

Your next Join Scouting Event can be as simple or as elaborate as you want it to be. The main ideas are:

- (1) Attract the attention of the prospective Scout families
- (2) Provide them with at least the minimum info on your Unit
- (3) Get them to fill out an Application and submit registration fees
- (4) Leave them with a positive experience

Some units believe it making this similar to a youth sports "sign up" event where you simply have a table with unit info handouts, the ability to fill out an application online, and a box or envelop to hold paid registration fees.

Other units may have "Legoman," a magician, a rain gutter regatta, pinewood derby, or other attractive event to get the attention of families. If you are up on doing a "live virtual" event feel free to include info on where to find the Youth Application online and how to pay reg fees as well.

The bottom line is to let families know that Scouting is here to support them, get applications completed and to have new member applications accepted with reg fees and approved by the Unit.

Lastly, don't forget to recruit new families Adults as new Leaders, even as Assistants or Committee Members that may have responsibility for planning a specific event.

If you need any Join Cub Scouting yard signs feel free to contact John Stewart. These signs have a space that you can put some info on your Join Scouting event and/or put your Unit's QR code on the sign.

If a family communicates that they would join but they cannot afford it there is assistance available in paying registration fees via council and national. The assistance can cover most if not all registration fees, but it cannot cover unit dues.

> John R. Stewart Vice Chair for Membership john.r.stewart.mha@gmail.comm or (571) 318-0549



GeoFencing and Electronic Fliers



Submit your info for your upcoming Join Scouting events and get your event GeoFenced. Please submit the 5W's for your event in to our District Executive Mr Bobby Walker (bobby.walker@scouting.org) three weeks in advance of your event and it will get GeoFenced. Also, an electronic version of the event flyer can be crafted complete with a QR code that is unique to your unit to aid in recruiting.



Peachjar (https://ms.peachjar.com) gives a 20% promotional discount code to Packs, Troops, Crews, and Posts who choose to use this electronic flyer distribution method. Some schools use Peachjar as their primary method of getting information out to their families. The promo code is BSA2019 and it is good through the remainder of 2021.

John R. Stewart Vice Chair for Membership john.r.stewart.mha@gmail.comm or (571) 318-0549



New Guide to Advancement

Welcome back from the summer break! As we return we have a new Guide to Advancement that incorporates feedback from Scouters from across the country. The guide is available for downloading at: https://filestore.scouting.org/filestore/pdf/33088.pdf

Reposting from the Scouter blog: "Like all versions of the Guide, the 2021 update wasn't created in a vacuum. It's the latest evolution of a living document that's updated every two years to ensure it meets the realities of packs, troops, crews and ships from across the country.

Just as sports leagues have rule books and computers have instruction manuals, the Boy Scouts of America has its official source for administering advancement in all BSA programs.

The Guide isn't meant to be read cover to cover. Instead, it's organized and indexed so you can quickly find answers to your advancement questions. Because it's available in a PDF format, our favorite way to find something fast is by searching the document (control-F on a PC, command-F on a Mac) for a key word or phrase like "merit badge" or "time extension."

For the 2021 update, a team of national-level professionals and volunteers went through every word of the Guide to make minor and major revisions. Many of the updates were included in response to frequently asked questions received by the National Advancement Program Team.

As you can see on Page 7, these sections were among the most heavily updated:

- Section 4: Mechanics of Advancement
- Section 7: The Merit Badge Program
- Section 8: Boards of Review: An Overview for All Ranks
- Section 9: The Eagle Scout Rank
- Section 10: Advancement for Members with Special Needs
- Index"

I expect the Merit Badge at Home program to return in October so keep an eye on the website.



"The Constitution is not an instrument for the government to restrain the people, it is an instrument for the people to restrain the government - lest it come to dominate our lives and interests."

~ Marquis de Lafayette (b. September 6, 1757)

Patriot District Training Updates

Happy September, fellow Scouters. I was lucky enough to attend the 2021 iteration of Powderhorn the last weekend of August and it was great to see a number of fellow Patriot District Scouters also in attendance. If you have never heard of Powderhorn, it is a training designed to introduce Scouts BSA, Sea Scout, and Venturing leaders to high-adventure programs through a weekend of hands-on experiences and discussion. The experiences often include activities like SCUBA diving, sailing, wilderness survival, and mountain biking. It really is a great weekend and I would encourage all of you involved with older youth to consider attending the course next summer.

If you are involved with hiking and backpacking in your unit, I would also encourage you to consider taking **Back Country Outdoor Leader Skills (BCOLS)** training. This training is designed to help leaders with planning and conducting back country trips and consists of a day in the classroom and then a weekend back country camping experience. The Fall 2021 training will happen on September 25th and Oct 23-24 (camping weekend). If you are interested, more information and registration can be found at: https://scoutingevent.com/082-47562

Speaking of Council-run trainings, be on the lookout for more information coming out soon regarding the 2021 iteration of Pow Wow, including a new name for the event! I also understand that planning has begun for the 2022 University of Scouting, which will be again held in February at Hayfield Secondary School.

As for Patriot District, we will be conducting the Fall editions of **Basic Adult Leader Outdoor Orientation** (**BALOO**) and **Introduction to Outdoor Leader Skills (IOLS**). Both trainings will be out at Camp Snyder and cost \$30 for the event. You do not need to pay any money to register, but please plan to bring cash or check to the actual event. If you are interested in attending either event, here is the registration information:

BALOO - Friday October 1 to Saturday October 2

Cost: \$30 Location: Camp Snyder Registration: https://scoutingevent.com/082-PATRIOTFALL21BALOO Password: Patriot25

IOLS – Saturday November 6 to Sunday November 7

Cost: \$30 Location: Camp Snyder Registration: https://scoutingevent.com/082-PATRIOTFALL21IOLS Password: Patriot25

Finally, even though we don't currently have leader specific trainings scheduled, we are working on scheduling some opportunities and I would encourage you to consider either completing the training online via University of Scouting or attending the training being offered by another district, which you can find via the council's calendar located at: https://www.ncacbsa.org/calendar/

As always, please feel free to reach out to me with any questions regarding training.

Yours in Scouting,

Justin Day Training Chair patriottrainingbsa@gmail.com



Issue 8

STEM CORNER

STEM Scouts Season 7 (FY 2021-22) FACT SHEET

Online Registration starts September 1, 2021

Lab unit formation requirement:

- Minimum 5 youths
- 3 Adult Leaders: Sponsoring Org Rep, Lab Manager, Assistant Lab Manager

Join existing Lab Units or form a new one

- Junior Lab 605, grades 3-5
- Tech Lab 6022, grades 6-8

COVID-19 Adaption:

- Kits are packaged for individual distribution
- Virtual, in-person, or hybrid meetings

Youth Membership for Season 7:

- \$250 full year program, 5 modules, 22 meetings
- \$200 half year program, 3 modules, 14 meetings

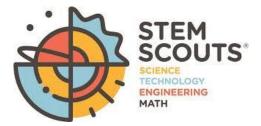
Season 7 Modules for Junior Lab:

- Into the Wild (Wildlife Sciences)
- A Flying Fluid (Aerodynamics)
- Engineering Solutions (Engineering)
- Ancient Archaeology (Archaeology sciences)
- Bubbleology (Material Science)

Season 7 Modules for Technology Lab:

- Criminal Case Files (Forensics)
- Microbiology Coming into Focus (Microbiology)
- Reactions in Action (Chemistry)
- Human Space Exploration (Astronomy)
- MS Science Behind the Sport (Science, Math, Engineering)

Sokhom Kith STEM Coordinator





September 2021

Issue 8



Into the Wild (Wildlife Sciences)

Warm blood, cold blood, bones or no bones, these Scouts will go into the wild to discover the variety of animals that inhabit our planet.

Scouts will first explore the biomes of this world and then determine which animal calls each biomehome. From there, they will get their "gloves dirty" to experience the food chain in person by dissecting an owl pellet and investigate various bird adaptations. Scouts will get to see how long an alligator actually is, discover which amphibian is clear, and end by building an aquatic marine biome ecosystem, also known as a coral reef!

A Flying Fluid (Aerodynamics)

The fluid dynamics of air can be, well, quite the flight! In this module, Scouts will explore fluid dynamics, the study of the flow of liquids and gases. They will learn how fluids exert forces on moving objects. Using the Engineering Design Process to design various prototype wind vehicles, Scouts will be hands-on in the realm of fluid dynamics!

Engineering Solutions (Engineering)

Scouts will explore engineering by learning and applying the engineering design process. From invention to prototype building and from biomedical engineering to water filtration, Scouts will discover engineering fields that might not always come to mind!

Ancient Archaeology (Archaeology sciences)

In this module, Scouts will build on their knowledge of archaeology. From making their own artifacts to mummifying an apple, Scouts will understand that archaeology draws on many scientific practices and will be able to explain why the study of archaeology is an important science. They will end by putting together a time capsule for someone in the future to find and learn about what life was like today.

Bubbleology (Material Science)

Material engineers are people who use their understanding of different materials (such as metals, plastics or wood) to make things that solve problems. In this module, Scouts will experiment with many different materials that can be used to make bubble wands and discover the chemistry behind bubbles!

Using the Scientific Method and the Engineering Design Process, Scouts will become material engineers as they consider which materials are best for making different kinds of bubbles as well as experiment with creating their own bubble solution. They will then use their new skills and knowledge to perform their very own bubble presentation demonstration.



Season 7 (2021-2022) Module Overviews Middle School Labs (Grades 6-8)

Criminal Case Files (Forensics)

Crime investigators use for ensic science to help solve crimes. Scouts will be introduced to the different branches of for ensic science and careers in these fields. In this module, Scouts will learn about for ensic science as itrelates to DNA, finger prints, graphology, and blood spatter. Meetings 1–3 will equip Scouts to play detective and use for ensicte chniques and critical thinking skills to identify the No. 1 suspect of a crime.

Microbiology Coming into Focus (Microbiology)

Scouts will take a closer look at what it means to be "alive" and will examine the smallest form of life, the cell. Scouts will assemble and learn how to use a Foldscope – the paper microscope! From onion cells to bacteria, they will explore prokaryotic and eukaryotic cells, and will use their Foldscope to see what is usually too small to be seen. It's microbiology coming into focus!

Reactions in Action (Chemistry)

In this module, Scouts will explore the concept that chemical reactions involve the breaking of bonds between atoms in the reactants, and the rearrangement and rebonding of these atoms to make the products. Scouts will investigate reactions which produce a gas, form a precipitate, and cause a color change!

Human Space Exploration (Astronomy)

Scouts will take a closer look at what it means to be "alive" and will examine the smallest form of life, the cell. Scouts will assemble and learn how to use a Foldscope – the paper microscope! From onion cells to bacteria, they will explore prokaryotic and eukaryotic cells, and will use their Foldscope to see what is usually too small to be seen. It's microbiology coming into focus!

MS Science Behind the Sport (Science, Math, Engineering)

In this module, Scouts will discover the science behind some commonly known sports. They will explore the related math, physics, and engineering principles behind archery, zip lining, cycling, and skateboarding and will learn how to apply various math equations along the way. Let's learn more, behind the sport!





WE'RE BACK!! V3 HIKE-O-REE October 22-24, 2021



The 31st Annual V3 (originally named for Venturing, Varsity, and Venture) Hike-o-ree will be held October 22-24, 2021, at the Northern Virginia 4-H Educational Center, Front Royal, VA. Registration is limited to trail capacities of the 15 trails. The Hike-o-Ree is open to all Venturing Crews, Sea Scout Ships, and Scouts BSA Troops. Units must form trail crews consisting of no more than 12 members (to comply with Covid protocols and, as for all previous Hike-o-Rees, NPS regs), including at least two adults. If a unit has more than 12 Scouts interested in hiking, simply form another crew (with proper adult leadership). The recommended minimum age to participate is 13.

BSA units will need to comply with the Guide to Safe Scouting, etc., and meet the safety requirements therein. All BSA Scouts and <u>Scouters</u> that hike must bring a current BSA Annual Health and Medical Record, parts A, and B, and meet the weight limits on part C.

Trail crews will be assigned a hike based on the three preferences indicated in their registration. Features hikes are listed on the following pages. All hikes are approximately ten miles in length and range in difficulty from moderate (1300 feet change in elevation) to super-strenuous (up to 3200 feet change in elevation). Other Hike-o-Ree activities include a Saturday night **High Adventure Rally** and a service project on Sunday morning. Crews receive their Hike-o-Ree t-shirts Saturday night.

The Hike-o-Ree is intended to be an introduction to backpacking and shakedown. **Therefore,** camping at the 4-H Center is BACKPACKING style using ONLY backpacking equipment. Bring ONLY what you can carry in your backpack. Come prepared to cook outdoors; bring a trail tarp. Do not bring chuck boxes, coolers, Dutch ovens, propane tanks, camp lanterns, etc.!!

Registration on a **FIRST COME, FIRST SERVED BASIS begins on September 1, 2021**, on the BSA National Capital Area Council website.

Unit deposit is required to reserve a particular hike not later than October 1, 2021. After you register for a hike and pay your deposit, you will be sent a confirmation email with the leader's package and detailed information about the hike you have selected.

Because of the lead-time required to produce the t-shirts, the final date to provide shirt numbers and sizes (S, M, L, XL, 2XL) is **October 8. NO ADDITIONAL ORDERS CAN BE TAKEN AFTER THAT DATE.** Submit payment and final shirt orders online on BSA National Capital Area Council website.

The cost of the Hike-o-Ree is \$23.00 per participant.

For additional information contact:

- Joe Flaig, (703) 250-9791 (H), jwflaig@aol.com
- Adair Petty, (703) 545-5747(daytime), ppetty1@cox.net
- Dominick Caridi, (703) 625-4196, dscscouting@aol.com

September 2021

Featured Hike-o-Ree Hikes

Hike #1 - White Oak/Cedar Run CanyonSuper-strenuousElevation change: 3200 feetLength: 9.7 milesDriving Distance (one way): 42.9 milesPATC Map: 10This hike goes through two of the deepest and steepest ravines in the Shenandoah National Park. Both
canyons have waterfalls, cascades and high cliffs.Super-strenuous

Hike #2 - Robertson MountainSuper-strenuousElevation change: 2884 feetLength: 11.3 milesDriving Distance (one way): 34.8 milesPATC Map: 10This trail follows a beautiful trout stream to an original mountaineer's cabin and finally over one of theleast climbed mountains in the Shenandoah National Park. If you want a challenge, climb RobertsonMountain from the east.Beautiful trout stream to an original mountaineer's cabin and finally over one of the

Hike #3 - Overall RunSuper-strenuousElevation change: 2490 feetLength: 9.5 milesDriving Distance (one way): 15.6 milesPATC Map: 9This hike follows trails that were farm roads in pre-park days and gives access to the Overall Run Falls.At 93 feet, it is the highest waterfall in the Shenandoah National Park

Hike #4 - Little Devil's StairsStrenuousElevation change: 2155 feetLength: 10.2 milesDriving Distance (one way): 26.1 milesPATC Map: 9Little Devil's Stairs Trail winds around and between the rocks in a canyon, crossing and recrossingKeyser Run many times. Be sure to stop and visit a graveyard dating back to the early 1800s.

Hike #5 - Thorofare MountainStrenuousElevation change: 2559 feetLength: 9.5 milesDriving Distance (one way): 34.8 milesPATC Map: 10This trail offers a waterfall, old farm roads that once connected the families in this area, two greatswimming holes, and a restored mountaineer's cabin.

Hike #6 - Hazel CountryStrenuousElevation change: 2467 feetLength: 9.9 milesDriving Distance (one way): 34.8 milesPATC Map: 10The mountaineer has been gone for 50 years, but the few old houses, which remain standing, old appleorchards, the lonely chimneys, and crude stone fences are evidence that he was here.

Hike #7 - Hazel MountainStrenuousElevation change: 2365 feetLength:10.25 milesDriving Distance (one way): 32 milesPATC Map: 10This hike takes you into one of the most remote areas of the Shenandoah National Park and is
recommended for crews who are map and compass experts. It offers a waterfall, a swimming hole and a
cave.

Hike #8 - Old RagStrenuousElevation change: 2423 feetLength: 9.0 milesDriving Distance (one way): 35.0 milesPATC Map: 10If you have never climbed "Old Raggedy Top", now's the time. This hike provides views in alldirections, including a noble panorama of the mountains of the Shenandoah National Park.

Volume 24

Issue 8

Hike #9 - Jeremy's RunModerateElevation change: 2222 feetLength: 10.0 milesDriving Distance (one way): 35.0 milesPATC Map: 9Jeremy's Run is one of the most scenic streams in the Northern District of the Shenandoah NationalPark. The trail is beautifully forested and the run itself is a continual series of cascades and pools.

Hike #10 - Signal KnobModerateElevation change: 2770 feetLength: 10.6 milesDriving Distance (one way): 15.4 milesPATC Map: GSignal Knob was used by the Confederate forces during the Civil War to monitor movement of Federaltroops. Excellent views are provided of the Shenandoah Valley.

Hike #11 - Thornton HollowModerateElevation change: 2384 feetLength: 10.6 milesDriving Distance (one way): 28.5 milesPATC Map: 9This hike gives the backpacker a taste of the Appalachian Trail. It descends over Piney Ridge and climbsback up along the beautiful North Fork of the Thornton River.

Hike #12 – Piney Ridge/Piney BranchModerateElevation change: 1650 feetLength: 9.4 milesDriving Distance (one way): 26.7 milesPATC Map: 9Walk along a ridge where homes and farmlands once stood and see a spectacular view of a three-tierwaterfall. Offers two waterfalls and a deep swimming hole.

Hike #13 - Big Devil's Stairs OverlookModerateElevation change: 1300 feetLength: 10.5 milesDriving Distance (one way): 12.2 milesPATC Map: 9This hike slabs around the eastern and southern slopes of Mount Marshall and provides a side trek to theeast rim of Big Devil's Stairs offering spectacular views of Big Devil's Stairs canyon and the mountainsbeyond.

Hike #14 - Massanutten MountainModerateElevation change: 2237 feetLength: 9.1 milesDriving Distance (one way): 16.0 milesPATC Map: GFrom the top of the ridge, there will be opportunities for superb views both east towards the mountainsof the Shenandoah National Park and west into the Shenandoah Valley.

Hike #15 – Sugarloaf TrailModerateElevation change: 1876 feetLength: 9.3 milesDriving Distance (one way): 25.4 milesPATC Map: 9This trail uses both the Appalachian Trail and horse and foot trails that were farm roads in the pre-parkdays. It also offers two excellent viewing areas from the tops of Sugarloaf and Hogback Mountains.

September 2021

Issue 8



Michael's Woodshop News



Fall 2021

Our Fall Calendar is Filling Up – Act Soon to Book Your Activity Weeknights are available. Schedule a Den meeting in Michael's Woodshop!

Upcoming Events

MICHAEL'S Schedule Your Own Event: Michael's Woodshop may be reserved by Scouts or Units for a wide range of activities; Eagle Scout Projects, Troop Activities (merit badge sessions, Skills Classes & more); Pack/Den activities (see our **Project Idea List** or create your own). Our volunteers can help you plan a great event!



WOODSHOP

Baloo the Builder Workshop: Build one fun project! Build one useful project! Developed for Bear Dens, this workshop covers all the requirements of the Baloo the Builder Adventure. Read Workshop Description.



NEW: Build It Workshop: Designed for Webelos, this workshop covers all of the requirements for the Build It elective. This is a great activity for an upcoming Den Meeting. Read Workshop Description



Fall Family Camping: We had such a great time last year that the Family Camping Weekends are back again this Oct & Nov. A visit to Michael's Woodshop is just one of many fun activities planned. Register Now...



Woodwork Merit Badge Sessions (monthly): Michael's Woodshop offers "Classroom Sessions" focused on shop safety, first aid and other non-tool requirements and "Shop Time Sessions" to work on project requirements.



Fourth Annual Pinewood Derby Days: It's just around the corner! We are accepting reservations for Pack sessions for the 2021-22 season. Individual sessions open for registration beginning in November. Learn more...



Upcoming Events and **Shop Calendar**





Click here to see **Youth Shop Use Measures**



Recent Activities

Summer Camp: We had a great time this summer hosting 453 Cub Scouts in Michael's Woodshop during Day Camps and Resident Weekends at Camp Snyder. View slideshow (link above).

We hosted three more Eagle Scout Projects this summer! With a great range of tools and workspace, Michael's Woodshop is the ideal place for Eagle Scout projects. Contact us to learn more.

Scout Specialty Week: Michael's Woodshop participated in Camp Snyder's first merit badge week. We hosted 14 youth working on the Woodwork Merit Badge. View slideshow (link above).

Check out our recent Scouter Digest articles (weownadventure.com)

Tic-Tac-WOW! (summer camp)Meet the Newest Volunteers in Micha

Scout Specialty Week in Michael's Woodshop Meet the "Even Newer Newest" Volunteers in...

To learn more about upcoming events, planning an event or reserving the wood shop, please visit the Michael's Woodshop web page or email us at MichaelsWoodshop.CWBS@gmail.com



Let's have FUN and Show our Community Spirit for a FUNdraiser supporting

PATRIOT DISTRICT SCOUTS

Monday, Sept 20, 2021 thru Thursday, Sept 23, 2021

Bring In this flyer, show us on your smart phone, or tell us you're supporting the cause to make sure those proceeds will be donated to the Patriot District Scouts

DINE IN & CARRYOUT Chloez Café 5622 Ox Rd Fairfax Station, VA 22039 (703) 272-3029



www.chloezcafe.com



B-P Wants and Needs You!



To Join the Patriot District Committee Great Jobs for Great Volunteers

Take your Scouting leadership to an exciting and rewarding new level.

Work with other great Scouters providing great programs for great Scouts.

Contact Bill Dexter: wtdexterjr@gmail.com

The Patriot Press, Patriot District National Capital Area Council

The Patriot Press is the monthly newsletter of the Patriot District, NCAC, Scouts BSA. The views expressed herein do not necessarily represent the official policies of the National Capital Area Council or Scouts BSA. This newsletter is provided eleven times each year (not in July) and posted at http://www.ncacbsa.org/PatriotPress

Deadline for articles to be included in The Patriot Press is two Sundays prior to Roundtable. Articles for publication, in MS Word, may be emailed to the editor at bsnowden419@gmail.com.

Key District Contacts

Bobby Walker III Work: (434) 429-4112	District Executive Cell: (301) 214-9128	bobby.walker@scouting.org
Bill Dexter	District Committee Chair	wtdexterjr@gmail.com
Ken Gaul	District Commissioner	kgaulbsa@gmail.com
John Merchant	Vice Chair, Program	merchantj@verizon.net
John Stewart	Vice Chair, Membership	john.r.stewart.mha@gmail.com
Kelly O'Malley	Vice Chair, Development	klomalley@cox.net
Rich Harrington	Vice Chair, Communications	rich@thinktap.com
Justin Day	Training Chair	kappasighacksaw@yahoo.com
Tom Tyra	Advancement Chair	thomas.tyra@gmail.com
Kelsey St. Louis	OA Adviser	kpstlouis@gmail.com
Bill Snowden	Editor, Patriot Press	bsnowden419@gmail.com



BOY SCOUTS OF AMERICA SCOUTER CODE OF CONDUCT

On my honor, I promise to do my best to comply with this Boy Scouts of America Scouter Code of Conduct while serving in my capacity as an adult leader:

- **1.** I have completed or will complete my registration with the Boy Scouts of America, answering all Questions truthfully and honestly.
- 2. I will do my best to live up to the Scout Oath and Scout Law, obey all laws, and hold others in Scouting accountable to those standards. I will exercise sound judgment and demonstrate good leadership and use the Scouting program for its intended purpose consistent with the mission of the Boy Scouts of America.
- 3. I will make the protection of youth a personal priority. I will complete and remain current with Youth Protection training requirements. I will be familiar with and follow:
 - BSA Youth Protection policies and guidelines, including mandatory reporting: www.scouting.org/training/youth-protection/
 - The Guide to Safe Scouting: www.scouting.org/health-and-safety/gss
 - The Sweet Sixteen of BSA Safety: www.scouting.org/health-and-safety/gss/sweet16
- 4. When transporting youth, I will obey all laws, comply with Youth Protection guidelines, and follow safe driving practices.
- 5. I will respect and abide by the Rules and Regulations of the Boy Scouts of America, BSA policies, and BSA-provided training, including but not limited to those relating to:
 - Unauthorized fundraising activities
 - Advocacy on social and political issues, including prohibited use of the BSA uniform and brand
 - Bullying, hazing, harassment, and unlawful discrimination of any kind
- 6. I will not discuss or engage in any form of sexual conduct while engaged in Scouting activities. I will refer youth with questions regarding these topics to talk to their parents or spiritual advisor.
- 7. I confirm that I have fully disclosed and will disclose in the future any of the following:
 - Any criminal suspicion, charges, or convictions of a crime or offense involving abuse, violence, sexual misconduct, or any misconduct involving minors or juveniles
 - Any investigation or court order involving domestic violence, child abuse, or similar matter
 - Any criminal charges or convictions for offenses involving controlled substances, driving while intoxicated, firearms, or dangerous weapons
- 8. I will not possess, distribute, transport, consume, or use any of the following items prohibited by law or in violation of any Scouting rules, regulations, and policies:
 - Alcoholic beverages or controlled substances, including marijuana
 - Concealed or unconcealed firearms, fireworks, or explosives
 - Pornography or materials containing words or images inconsistent with Scouting values
- 9. If I am taking prescription medications with the potential of impairing my functioning or judgment, I will not engage in activities that would put youth at risk, including driving or operating equipment.
- 10. I will take steps to prevent or report any violation of this code of conduct by others in connection

September 2021

SCOUT OATH

On my honor I will do my best To do my duty to God and my country And to obey the Scout Law; To help other people at all times; To keep myself physically strong, Mentally awake, and morally straight.

SCOUT LAW

Trustworthy Loyal Helpful Friendly Courteous Kind Obedient Cheerful Thrifty Brave Clean Reverent